

## The Founders/

### Facilitators

[Teresa Triggiano \(Harris\)](#)  
B.A.

Teresa has been a Youth Counsellor since 1991 and a BC School Workshop Educator since 1988. In addition, Teresa has been a *Global News* Family & Youth Segment Expert since 2002 for *BCTV's Noon News*. Awarded by the city of Vancouver for her years of service to the *Vancouver Crisis Center*, she was also a popular weekly columnist who wrote for the *Vancouver Sun Newspaper* for three years. To date, Teresa has presented class workshops to over 27,000 BC students on the topics of peer victimization, healthy relationships, conflict resolution, assertiveness, making amends and self-esteem.

### [Annette Harris](#)

Annette has been teaching class workshops in elementary schools since the year 2002. With a focus of study at S.F.U. in education and psychology and as a mother of two herself, Annette has amazing rapport with children of all ages. Along with her extensive experience with preschool and elementary school aged children in both recreational and educational settings, Annette has been a guest speaker at the *World Choices Conference for Junior Achievement of BC* for the past 3 years.

# Stand By Me

For information on school, PAC or parent workshops, reach us at:

## Email:

[teresa@standbyme.ca](mailto:teresa@standbyme.ca)

[annette@standbyme.ca](mailto:annette@standbyme.ca)

## Call:

#604-527-1197 for

Teresa

#604-779-7022 for

Annette

## Website:

[www.standbyme.ca](http://www.standbyme.ca)

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# Stand By Me

The Popular Elementary School Program on:

- [Social Responsibility](#)
  - [Respectful Conflict Resolution](#)
    - [Making Amends](#)
- [& Understanding how our choices affect others.](#)

Featured in:  
a full page story in  
*The Vancouver Sun Newspaper*  
on *CKNW radio*  
and on *Global News*.



Created by [Teresa Triggiano](#) (Harris) the *BCTV News' Family & Youth Segment Expert*, Columnist and Youth Counsellor in partnership with [Annette Harris](#).

**E**ver seen a child hurt by the painful game of friends one day but not the next or watched a student be continuously left out? Have you ever witnessed a child hurt another child and refuse to take responsibility for their actions? Or ...do you ever feel concerned by the amount of talking behind backs and rumor spreading amongst students?

**I**f you answered yes to any of these questions, this is the workshop you've been waiting for!

- **Social responsibility**
- **Respectful conflict resolution**
- **Making amends**
- **Understanding how our choices affect those around us**

**T**hese are the crucial skills we teach in the powerful workshop **Stand By Me** to help you create a positive, inclusive, learning environment.

(\*Ask us about coming to a PAC meeting and speaking to parents about the program for \$150.)

Through interactive discussions, role-plays, skits and the acronyms "CALM", "STAND" AND "RAP" (as featured in the full page story in the *Vancouver Sun Newspaper*), students learn practical, peaceful steps to resolve conflicts and make amends.

**Stand By Me is best known for the powerful, emotional transformation that takes place at a personal level within the students.**

#### **Participants:**

Grades K-7, one division at a time.

#### **Hours & Cost:**

(minimum daily fee of \$100)

##### **K's & Gr. 1**

45 min.-1 hr. morning program  
**\$75-\$100**

##### **Grade 2**

1.5-2 hr. morning program with "CALM"  
**\$150**

##### **Grade 3-7**

3 hr. morning program with "STAND & "RAP"  
**\$250**

#### **Follow Up**

A one-hour follow up with each division or an assembly is recommended within 12 mo. of having the program.  
**\$100/division**

#### **Travel Fees:**

**\$40/day** may apply.

#### **WHAT SCHOOLS ARE SAYING**

"My class is still talking about Stand By Me. I hear assertive requests for respect and people standing up for each other where they might not have before. Nearly every student in my class says that the experience changed them. That is so amazing to me."  
[Sarah Chalmers, Gr. 7 Teacher, A.J. McLellan Elementary](#)

"I want to thank you Teresa so very much for the workshop with the grade 6 students at Crofton House School. Parents have called to comment on the insight their daughter has into her actions and relationships. Many of the girls who were hurting inside are more confident to express their feelings. I also observe the "in group" of students branching out and being much more inclusive. I believe that their fears and insecurities have been relaxed. I attribute this to your work and I appreciate you so much. Your work with young people is so necessary."  
[Susan Hutchison, Director-Junior School, Crofton House School](#)

"Learning to apologize, make amends, stay calm, articulate needs, be self-aware, stand up for yourself and find peaceful ways to solve problems are such important life skills. Thanks for the acronyms, which will help our community have that important language...it was a great pleasure having you here and watching you work with our students!!! You two are amazing educators."  
[Margaret Horvath, Principal, English Bluff Elementary](#)

"I highly recommend the Stand By Me presentation. Every participating teacher felt that a powerful message was sent to students that they will not forget. Thanks, Annette. Your program is excellent! "  
[Marlene Day, Principal, Dogwood Elementary](#)

"Through the year, our students were encouraged to try to solve their problems using the steps of "Stand By Me" or "RAP". The result was an overwhelming success with adult intervention needed in at least 60% fewer cases over the year. I highly recommend involvement in this program."  
[Karen Danderfer, Retired Principal, Burnaby](#)